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# Empirically evaluating smartphone app technology effectiveness in delivering and evaluating ACT interventions

**Chair:** Javier Rizo, *Duke University*

**Speakers:** Javier Rizo, *Duke University*  
Jennifer Krafft, *Utah State University*  
Andrew Gloster, *University of Basel*

**Discussant:** Mike Levin, *Utah State University*





# Symposium Agenda

**3:10** – Introduction

**3:15** – (Rizo et al.) Longitudinal Trajectories of an ACT Mobile Intervention for Smokers with Serious Mental Illness

**3:35** – (Krafft et al.) Examining a prototype mobile app for self-critical thoughts: A clinical component test

**3:55** – (Gloster et al.) ACT for transdiagnostic treatment-resistant patients: Evidence from event sampling methodology and process assessments

**4:15** – Discussion

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